

Vermont Swim Association

Qualifying Time Standards for the VSA Championship Meet - 2026

Girl's Bonus	Girls's Qualifying	6 & Under	Boy's Qualifying	Boy's Bonus
XXX	45.00	25 Free	45.00	XXX
XXX	45.00	25 Back	45.00	XXX
Girl's Bonus	Girls's Qualifying	8 & Under	Boy's Qualifying	Boy's Bonus
32.50	30.00	25 Free	30.00	32.50
1:05.00	1:00.00	50 Free	1:00.00	1:05.00
37.50	35.00	25 Back	35.00	37.50
42.50	40.00	25 Breast	40.00	42.50
37.50	35.00	25 Fly	35.00	37.50
XXX	2:30.00	100 IM	2:30.00	XXX
Girl's Bonus	Girls's Qualifying	9/10	Boy's Qualifying	Boy's Bonus
24.00	21.50	25 Free	23.00	25.50
56.00	51.00	50 Free	51.00	56.00
30.00	27.50	25 Back	28.00	30.50
30.50	28.00	25 Breast	29.00	31.50
25.50	23.00	25 Fly	25.00	27.50
XXX	1:58.00	100 IM	1:58.00	XXX
Girl's Bonus	Girls's Qualifying	10 & Under	Boy's Qualifying	Boy's Bonus
1:02.00	57.00	50 Back	57.00	1:02.00
1:07.00	1:02.00	50 Breast	1:02.00	1:07.00
1:02.00	57.00	50 Fly	57.00	1:02.00
Girl's Bonus	Girls's Qualifying	11/12	Boy's Qualifying	Boy's Bonus
40.00	37.00	50 Free	38.00	41.00
1:28.00	1:22.00	100 Free	1:24.00	1:30.00
47.00	44.00	50 Back	46.00	49.00
52.00	49.00	50 Breast	50.00	53.00
48.00	45.00	50 Fly	45.00	48.00
1:40.00	1:34.00	100 IM	1:34.00	1:40.00

To enter the meet, a swimmer must have achieved at least one VSA "qualifying" time for their age group. If a swimmer is entered ONLY under article 203.4, they are not entitled to bonus swims even if they have achieved the bonus times.

Girl's Bonus	Girls's Qualifying	12 & Under	Boy's Qualifying	Boy's Bonus
3:12.00	3:00.00	200 Free	3:00.00	3:12.00
1:46.00	1:40.00	100 Back	1:40.00	1:46.00
1:51.00	1:45.00	100 Breast	1:45.00	1:51.00
1:56.00	1:50.00	100 Fly	1:50.00	1:56.00
Girl's Bonus	Girls's Qualifying	13/14	Boy's Qualifying	Boy's Bonus
38.00	35.00	50 Free	34.00	37.00
1:24.00	1:18.00	100 Free	1:16.00	1:22.00
2:57.00	2:45.00	200 Free	2:45.00	2:57.00
43.50	40.50	50 Back	40.00	43.00
1:38.00	1:32.00	100 Back	1:32.00	1:38.00
46.00	43.00	50 Breast	42.00	45.00
1:46.00	1:40.00	100 Breast	1:40.00	1:46.00
41.00	38.00	50 Fly	36.50	39.50
1:46.00	1:40.00	100 Fly	1:35.00	1:41.00
1:31.00	1:25.00	100 IM	1:25.00	1:31.00
Girl's Bonus	Girls's Qualifying	15/18	Boy's Qualifying	Boy's Bonus
36.00	33.00	50 Free	31.00	34.00
1:20.00	1:14.00	100 Free	1:10.00	1:16.00
2:52.00	2:40.00	200 Free	2:40.00	2:52.00
41.00	38.00	50 Back	36.50	39.50
1:30.00	1:24.00	100 Back	1:24.00	1:30.00
45.00	42.00	50 Breast	40.00	43.00
1:41.00	1:35.00	100 Breast	1:30.00	1:36.00
39.50	36.50	50 Fly	34.50	37.50
1:31.00	1:25.00	100 Fly	1:20.00	1:26.00
1:30.00	1:24.00	100 IM	1:22.00	1:28.00
3:10.00	2:58.00	200 IM	2:50.00	3:02.00
Girl's Bonus	Girls's Qualifying	Open	Boy's Qualifying	Boy's Bonus
XXX	7:30.00	500 Free	7:30.00	XXX

The 500 free will be scored as 14&Under and 15-18 but has the same qualifying time for all age groups.